

SAFEGUARDING CHILDREN HANDBOOK

FOR THE PROTECTION OF CHILDREN AND ADULTS
WORKING TOGETHER AT IH BRISTOL

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Please note: these guidelines are adapted from original guidelines created by Nigel Heritage, EFL Consultant, Dorset, 2007 (heritage.nigel@googlemail.com)

1. Introduction

The guidance and procedures in this document are designed to help safeguard young people and reduce the risk of teaching, social programme, pastoral or administrative staff being falsely accused of improper or unprofessional conduct.

This guidance cannot provide a complete checklist of what is, or is not, appropriate behaviour for staff. It does highlight, however, behaviour that is illegal, inappropriate or inadvisable. It also gives explanations for the guidance, in order to help staff reflect on their roles and be able to respond effectively in situations not covered in the sections below.

2. Key Definitions

In this document, the words "children", "young people", "students" and "pupils" all refer to children under the age of 18 years.

The term "allegation" means any information that suggests an adult has caused or may cause hurt or harm to a child or young person.

The terms "senior staff" and "senior colleague" include academic / centre managers, the Principal and DOS, or school directors.

3. Underpinning Principles

1. The welfare of the child is paramount (Children Act 1989).
2. Staff are responsible for their own actions and behaviour and should avoid any conduct which would lead any reasonable person to question their motivation and intentions.
3. Staff should work, and be seen to work, in an open and transparent way.
4. Staff should discuss and/or take advice promptly from their line manager or another senior member of staff over any incident which may give rise to concern.
5. Records should be made of any such incident and of decisions made/further actions agreed in accordance with the school procedure for record-keeping.
6. Staff should apply the same professional standards with students regardless of gender or sexuality.
7. All staff should know the name of their designated person for child protection and understand their responsibilities to safeguard and protect children and young people. This will be explained in staff induction meetings.
8. Staff should be aware that breaches of the law and other professional guidelines could result in criminal or disciplinary action being taken against them.

4. Duty of Care

Teachers and other staff are accountable for the way in which they exercise authority, manage risk, use resources and protect pupils from discrimination and avoidable harm.

All staff have a duty to keep young people safe and to protect them from physical and emotional harm. This duty is partially imposed by the Health and Safety at Work Act 1974.

5. Exercising Professional Judgement

Where no specific guidance exists staff are expected to make judgements about their behaviour in order to secure the best interests and welfare of the children in their charge and in so doing, will be seen to be acting reasonably.

However, in the case of unusual situations such as accidents, threats from students or major misunderstandings with them, staff should always write down what happened and then discuss it with a manager to ensure that the safest practices are employed and to reduce the risk of actions being misinterpreted.

6. Power and Positions of Trust

Staff are in a position of trust with young people and have a responsibility to ensure that they do not use their position for personal advantage or gratification. Staff should not use their power to intimidate, threaten, coerce or undermine students.

Wherever possible, staff should avoid behaviour which might be misinterpreted by others and report to senior staff and record any incident with this potential.

7. Confidentiality

In some circumstances staff may be given additional highly sensitive or private information. They should never use confidential or personal information about a pupil or her/his family for their own, or others' advantage (including that of partners, friends, relatives or other organisations) and such information should be treated in a discreet and confidential manner.

If staff are in any doubt about whether to share or keep information confidential, they should seek advice from a senior member of staff.

When a member of staff may be expected to share confidential information about a child, for example when abuse is alleged or suspected, individuals have a duty to pass information on without delay, but only on a need-to-know basis.

8. Propriety and Behaviour

Staff should not behave in a manner which would lead any reasonable person to question their suitability to work with children or act as a role model.

Therefore, staff must not, for example:

- make sexual remarks to a pupil (including by email, text messages, phone or letter);
- discuss their own sexual relationships with, or in the presence of, pupils;
- discuss a pupil's sexual relationships (except where there is a specific welfare issue).

9. Dress and Appearance

When in contact with students, staff should ensure they are dressed decently, safely and appropriately for the tasks they undertake. Those who dress or appear in a manner which could be considered as offensive, revealing or provocative could leave themselves vulnerable to criticism or allegation.

10. Gifts

Staff should not accept any gift that might be construed as a bribe by others, or lead the giver to expect preferential treatment.

Similarly, it is inadvisable to give personal gifts to pupils. This could be misinterpreted as a gesture either to bribe, or single out the young person. It might be perceived that a 'favour' of some kind is expected in return.

Any reward given to a young person should be part of an agreed reward system and not based on favouritism.

11. Infatuations

It is not uncommon for pupils to be strongly attracted to a member of staff and/or develop an infatuation. All such situations should be responded to sensitively, to maintain the dignity of all concerned. Staff should also be aware that these circumstances always carry a high risk of words or actions being misinterpreted and of allegations being made.

A member of staff who becomes aware that a pupil may be infatuated with them or a colleague should discuss this at the earliest opportunity with a senior colleague so that appropriate action can be taken to avoid hurt and distress for all concerned.

12. Social Contact

Staff should not establish or seek to establish social contact outside the classroom with pupils for the purpose of securing a friendship. Even if a young person seeks to establish social contact, the

member of staff should exercise her/his professional judgement in making a response and be aware that such social contact could be misconstrued.

Staff should not give their personal details, such as home/mobile phone number, home or e-mail address, to pupils.

13. Physical Contact – General Principles

In general, it is advisable to avoid physical contact with students.

However, if contact becomes necessary, this should be in response to their needs at the time, of limited duration and appropriate given their age, stage of development, gender, ethnicity and background. Appropriate physical contact in schools may occur most often with younger pupils.

Staff should be aware that even well-intentioned physical contact may be misconstrued by the child or an observer, so:

- contact should never be secretive;
- staff should never indulge in horseplay or tickling;
- staff should always be prepared to explain actions;
- staff must accept that all physical contact is open to scrutiny.

It should be recognised that a number of children who have suffered neglect or abuse may be extremely needy and seek out inappropriate physical contact. In such circumstances staff should deter the child sensitively by helping them to understand the importance of personal boundaries.

Staff should always record and report serious incidents of contact whether by staff member to student or vice versa.

14. Physical Contact - PE and other activities which require physical contact

Some staff, for example, those who teach PE and games, will on occasions have to initiate physical contact with pupils in order to support a child so they can perform a task safely, to demonstrate the use of a particular piece of equipment/instrument or assist them with an exercise. This should be done with the pupil's agreement.

Contact under these circumstances should be for the minimum time necessary to complete the activity and take place in an open environment. If possible, staff should consider using alternatives to physical contact with students, e.g. by demonstrating an action using another member of staff.

15. Physical Contact - Showers and Changing

If staff members are required to supervise students changing or taking a shower (for example, to prevent bullying or to meet health and safety requirements) they should:

- avoid physical contact with students who are in a state of undress
- avoid any visually intrusive behaviour
- where there are changing rooms, announce their intention of entering and avoid remaining in the room unless pupil needs require it.

Adults should not change or shower in the same place as children, e.g. in the same changing rooms in a sports centre.

16. Physical Contact - Pupils in Distress

There may be rare occasions when a distressed pupil needs comfort and reassurance. This may include age-appropriate physical contact. Staff should remain self-aware at all times in order that their contact is not threatening, intrusive or subject to misinterpretation. If at all possible, such contact should be given in the presence of another member of staff.

Staff should always tell a manager when and how they offered comfort to a distressed child and record situations which may give rise to concern.

17. Physical Contact - Care, Control and Physical Intervention

The circumstances in which staff can intervene with a pupil are covered by the 1996 Education Act. Staff may legitimately intervene to prevent a pupil from committing a criminal offence, injuring themselves or others or causing damage to property.

When physical intervention is necessary, staff should remember the health and safety of themselves and the rest of the students in the group.

The use of unwarranted physical force is likely to constitute a criminal offence, so staff should:

- try to defuse situations before they escalate
- call or send a student for assistance when necessary
- use minimum force for the shortest period necessary
- adhere to the school's behaviour management policy

In all cases where physical intervention is deemed necessary, details of the incident and subsequent actions should be written down and reported to senior managers.

18. Behaviour Management

Corporal punishment is unlawful in all schools. Equally, staff should not use any form of degrading treatment to punish a pupil. In addition, the use of demeaning or insensitive comments towards pupils is not acceptable in any situation.

19. Sexual Contact with Young People

According to the Health and Safety at Work Act 1974, where a person aged 18 or over is in a position of trust with a child under 18, it is an offence for that person to engage in sexual activity with or in the presence of that child, or to cause or incite that child to engage in or watch sexual activity.

Therefore any sexual behaviour by a member of staff with or towards a child or young person in their care is both inappropriate and illegal, regardless of whether or not the child or young person consents or whether they are aware of what is happening or not.

The sexual activity referred to does not just involve physical contact, but also non-contact activities, such as causing children to engage in or watch sexual activity or the production of pornographic material.

While praise for effort and achievement is a normal part of staff-student relationships, staff should be aware of the possibility that conferring excessive special attention and favour upon a child could be construed as being part of a 'grooming' process. This is where an adult attempts to gain the trust of a child and manipulates that relationship so sexual abuse can take place.

20. One-to-One Situations

Staff working in one-to-one situations with children and young people (for example, while doing speaking exam practice) may be more vulnerable to allegations. Teachers and others should recognise this possibility and plan and conduct such meetings accordingly.

Staff should:

- try to avoid one-to-one situations if possible;

- avoid meetings with pupils in secluded areas of school;
- ensure there is visual access and/or an open door in one-to-one situations;
- inform other staff of the meeting beforehand, assessing the need to have them present or close by;
- avoid use of 'engaged' or equivalent signs wherever possible, since they may create an opportunity for secrecy or the interpretation of secrecy;
- always report any situation where a child becomes distressed or angry to a senior colleague;
- consider the needs and circumstances of the child/children involved.

21. Transporting Children

In certain situations e.g. out of school activities, staff may agree to transport children. A designated member of staff should be appointed to plan and provide oversight of all transporting arrangements and respond to any difficulties that may arise.

Staff should not use their own vehicles for transporting children unless they have informed their own vehicle insurance company that they are using their own vehicle for occasional business purposes.

When using school vehicles, staff should ensure that their behaviour is safe and that the transport arrangements ensure vehicle, passenger and driver safety. For example, they should ensure that the vehicle meets all legal requirements, is roadworthy and appropriately insured, that students are wearing seatbelts at all times and that the maximum capacity is not exceeded. Wherever possible and practicable, it is advisable that students are transported with at least one adult additional to the driver, acting as an escort.

When transporting children, staff should try to avoid being alone with them for longer than necessary. They should also ensure that a senior member of staff is informed before *and after* children are transported on unscheduled journeys, e.g. when students cannot be collected by host families. When relevant, staff should be aware that the safety and welfare of students is their responsibility until they are safely passed over to a parent/carer.

22. Educational Visits and After School Activities

Staff should take particular care when supervising pupils in the less formal atmosphere of a residential setting or after-school activity.

During school activities that take place off the school site or out of school hours, a more relaxed discipline or informal dress and language code may be acceptable. However, staff remain in a position of trust and need to ensure that their behaviour cannot be interpreted as seeking to establish an inappropriate relationship or friendship.

Staff should:

- always have another adult present in out-of-school activities, where possible;
- ensure they have read the risk assessment for the activity and other relevant documents (and in the absence of a risk assessment, do their own) ;
- ensure that their behaviour remains professional at all times.

23. First Aid and Administration of Medication

All staff should be aware of the identity of trained first aiders/appointed persons on school and residential sites. Staff should receive appropriate training before administering first aid or medication.

Each customer application contains questions asking for details of any medical conditions we should be aware of. Should an application for an U18 contain information on medical conditions, the staff member responsible for the application must discuss with the school Principal (or other

senior staff, if absent) who will assess the need for a written medical care plan to be put into place before arrival. It will also be necessary for those senior staff to agree with the staff member responsible for the application that it is possible to cater for the condition(s) in question before the student is accepted.

A first step will normally be to email the parents/agent the 'Medicine and medical condition further information request form' kept in the Admin Manual on the school's Admin drive. This information will help the school to form any Medical Care plan document. The plan will need to be agreed in advance with the school, hosts, or those adults responsible for accommodation during the student's stay, and parents/legal guardians.

Pupils may need medication during school hours. In circumstances where children need medication regularly, staff must consult the student's medical care plan. With the permission of parents, the children should be encouraged to administer the medication themselves. Where students receive medication under staff supervision, each event must be recorded in the School medication record book kept at each site.

If a member of staff is concerned or uncertain about the amount or type of medication being given to a pupil, this should be discussed with the appropriate senior colleague at the earliest opportunity. When administering first aid, wherever possible, staff should ensure that another adult is present, or aware of the action being taken. After administering first aid, the first aider should record the event in the accident book and inform senior staff, so that they can contact the group leader and, if necessary, parents. Accident book records are confidential so give these immediately on completion to the staff member in charge of Health and Safety.

24. Intimate Care

All children have a right to safety, privacy and dignity when contact of an intimate nature is required (for example assisting with toileting or removing wet/soiled clothing). It is envisaged that this will generally only apply to young children.

Children should be encouraged to act as independently as possible and to undertake as much of their own personal care as is practicable. When assistance is required, staff should ensure that another appropriate adult is in the vicinity and is aware of the task to be undertaken. Staff should also explain to the child what is happening.

25. Alcohol, smoking and drug use

U18s are not permitted to drink alcohol or use any non-prescribed drugs, including 'legal highs'. Adults must not supply alcohol or cigarettes to U18 students and they must avoid promoting irresponsible attitudes towards alcohol, smoking and drug use through what they say and do.

Adults in a host family setting should exercise discretion when consuming alcohol. They must not be inebriated in front of U18s and must remain capable of dealing with an emergency or first aid incident at all times.

Adults must ensure that they smoke in a discreet manner away from U18s and that no smoking takes place in vehicles transporting U18s.

26. Curriculum

When selecting topics, teaching materials and activities, care should be taken to ensure that they are appropriate to the levels of maturity, personalities and cultures of the students in the class and that they cannot be misinterpreted. Care should be taken when discussing sensitive topics such as violence or politics. If in doubt about the appropriateness of topics, materials or activities, staff should seek the advice of a senior member of the teaching staff.

Staff should not enter into or encourage inappropriate or offensive discussion about sexual activity.

27. Photography, Videos and other Creative Arts

Many school activities involve recording images. Staff need to be aware of the potential for these images to be misused for pornographic or 'grooming' purposes. Children who have been previously abused in this way may feel threatened by the use of photography, filming etc. in the teaching environment. Staff should remain sensitive to any children who appear uncomfortable and should recognise the potential for misinterpretation.

Using images of children for publicity purposes will require the consent of the individual concerned and their legal guardians. Images should not be displayed on websites, in publications or in a public place without such consent. The definition of a public place includes areas where visitors to the school have access.

When recording images the following guidance should be followed:

- staff should be clear about the purpose of the images and what will happen to them after the activity/lesson;
- staff should ensure that a senior member of staff is aware when, where and why images are being created;
- staff should be able to justify images of children in their possession and ensure that all images are available for scrutiny;
- staff should avoid making images in one-to-one situations;
- if a photograph is displayed publicly, avoid naming the pupil;
- if the pupil is named publicly, avoid using their photograph;
- senior staff should establish whether images used for publicity purposes will be retained for further use;
- images should be securely stored and used only by those authorised to do so.

28. Internet Use

Using school time or equipment to access any inappropriate or indecent material, including adult pornography, is unacceptable. Staff should be careful not to access inappropriate content (e.g. emails, websites) in front of students.

Whether at work or at home, accessing child pornography or indecent images of children on the internet, and making, storing or disseminating such material, is illegal and, if proven, will invariably lead to the individual being barred from work with children and young people.

Staff should not have contact with U18s online, except through formats which are sanctioned and scrutinised by the School, e.g. emailing homework to a teacher's school email address or responding to a message from an U18 on the School's Facebook page. If teachers create platforms for sharing documents with U18 students, they must send access details to the Designated Safeguarding Person so that these platforms can be scrutinised at any time.

29. Whistleblowing

Whistleblowing is the mechanism by which staff can voice their serious concerns, made in good faith, without fear of repercussion, as described by the Public Interest Disclosure Act 1998.

Where the welfare of children may be at risk, staff should bring matters of concern to the attention of senior management and if necessary, relevant external agencies. Concerns may include any behaviour by other colleagues that raises concern.

30. Sharing Concerns and Recording Incidents

All staff should know the name of the school's designated member of staff for child protection, or the equivalent individual, and know and follow relevant child protection policy and procedures. All

staff have a duty to record and report any child protection concerns to their designated person for child protection.

In the event of an incident occurring, which may result in an action being misinterpreted and/or an allegation being made against a member of staff, the relevant information should be clearly and promptly recorded and reported to senior staff. Early discussion with a parent or carer could avoid any misunderstanding.

Members of staff should feel able to discuss with their line manager any difficulties or problems that may affect their relationship with pupils so that appropriate support can be provided or action can be taken.

EXTRA GUIDELINES FOR HOST FAMILIES

31. Host families being in a position of trust

Anyone who looks after someone i.e. is caring for, training, supervising or is in sole charge of such persons under 18 is considered to be in a position of trust. This means that for anyone looking after an U18 either of the following can constitute a criminal offence:

- 1. engaging in sexual activity with or in front of U18s;*
- 2. encouraging U18s to engage in or watch sexual activity.*

The above paragraph has obvious implications for the behaviour of the care givers in host families. Hosts should therefore avoid any behaviour which could be misinterpreted by U18s and lead to allegations being made.

32. Supervision of U18s by people other than the main caregivers

Although students under 16 should not be left unsupervised, the main care providers in a host family might ask other adult family members to be in sole charge of U18 students for short periods. Such a period might be for a few hours, but should never be overnight. If the caregivers in a host family cannot be present overnight, the hosts must inform the School as early as possible, so that alternative accommodation can be found.

If other family members are in sole charge of U18 students, this places them in positions of trust and the behaviour outlined in italics in the section above would be inappropriate and perhaps illegal while the student is in the care of that host family.

33. One-to-one situations

While host family members may be in one-to-one situations with U18s, they should ensure that their interactions are appropriate and justified and that any undue proximity is avoided, so that U18s feel comfortable and hosts are not made vulnerable to allegations.

34. Private fostering arrangements

if a child under the age of 16 (under 18 if disabled) is cared for 28 days or more by someone who is not their parent or a close relative this is deemed a private fostering arrangement and Children's Social Care for the relevant area has to be notified. If this is the case for a host family, the School will liaise with them to ensure that Social Care are informed.

35. Medical conditions/learning difficulties

When registering their children as students, parents are required to inform the School about any medical conditions or learning difficulties that their children have. The School will pass on this information to hosts before the student's arrival, so if hosts discover that their student has any conditions or difficulties that the School has not informed them about, hosts must tell the School as soon as possible.

Before a student's arrival, the School will draw up a care plan for that student, if needed. This will be discussed and agreed with the host family before the student arrives. Once again, if a student has medical or care needs that are not part of the agreed care plan, hosts must inform the School as soon as possible.

If students need any medical attention from a healthcare professional, they should be accompanied by a responsible adult, which will normally be a host care giver outside school hours. Hosts must pass on details of the medical attention required to the School, where the student has given their consent to this information being shared.

36. Student privacy

Students are entitled to reasonable levels of privacy. Except in an emergency, when entering the student's bedroom via a closed door, hosts should 'double knock', i.e. knock, wait and knock again before entering the room, in case the student is undressed.

Hosts must not enter a bathroom or toilet when it is occupied by a student and hosts must be appropriately covered at all times when students are present.

Students must not have other people in their bedrooms, except with the permission of the host family.

It is, of course, appropriate in the absence of the student for hosts to enter a student's room in order to clean it and check on the condition of its contents. If hosts find inappropriate objects in the student's room, then this should be reported to the School.

If hosts suspect theft or that students possess inappropriate objects or substances, then it may be necessary for hosts to search student's personal property. Whenever possible, this should be done after prior consultation with the School.

There are legal restrictions regarding searching an U18, so unless a host believes that there may be a serious risk of harm to someone, they should consult the School before searching a student.

The government has produced the following advice for maintained schools:

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/444053/Searching_screening_confiscation_advice_Reviewed_July_2015.pdf . In an emergency it may be best to phone the local police to get their advice on the legality of and appropriate conduct when searching a student.

37. Absences from host families

Hosts must ensure that U18 students have the hosts' phone number recorded and kept on their person at all times. (Please ask students to keep an additional paper copy of phone numbers, in case their mobile phone runs out of battery.) Hosts should, of course, also record the mobile number of their student.

If students are unexpectedly absent, especially after curfew, host families should try to contact the student by mobile and, if unsuccessful, phone the school during working hours, or the emergency phone outside school hours. However, hosts should wait for up to 30 minutes after curfew, depending on the age of the student, before phoning the school emergency phone in the evening.

If it is not possible to contact the emergency phone after repeated attempts, then hosts should consider phoning the police and following their guidance.

Please also inform the School about students who repeatedly fail to meet curfew times.

38. Activities not supervised by School staff: assessing the risks

As part of their duty of care, hosts need to consider the level of risk for a supervised/unsupervised activity for their individual student before deciding on its appropriateness and the level of supervision required, e.g. going to an activities centre with the host family or attending the Bristol Balloon Fiesta with other students. The level of risk will depend on factors such as the student's age, gender, emotional maturity, life experience, physical abilities, attitude to risk and awareness of UK culture and norms.

The School uses formal risk assessments for their activities and while this is not expected for host families, they should nevertheless consider a number of questions before doing activities with their U18s or giving them permission to do activities with limited or no host family supervision. Some of these questions are often most relevant for 16/17 year-olds, who may consider themselves adults, and therefore may exhibit more risk-taking behaviour.

All activities

1. Can the student cross the road safely?
2. Has the student secured their belongings to minimise the risk of pickpocketing or mugging?
3. Does the student have a suitable level of English/physical ability /confidence to do an activity safely?
4. Does the student know what to do or who to contact if something goes wrong? (This could be their hosts, the school emergency phone or the emergency services.)

Supervised activities

1. If separated from their hosts, does the student know what to do?

Unsupervised activities

2. Does the student know how to travel to and from a particular venue safely and what time to allow to return home by curfew time?
3. Is the student aware of how to stay safe when out in public and which local areas to avoid at certain times?
4. Does the student understand UK social norms and/or UK law relevant to a particular activity?
5. Does the student understand UK law relevant to a particular activity?
6. Is the student going to be with a friend at all times? If not, is it safe for them to be alone?
7. Is the student aware that sanctions may be applied by the hosts or the School for unacceptable behaviour?
8. Does the student have access to food, water and any medication required?

39. Transporting students in host family cars

Please remember, as per the Hosting Terms and Conditions, hosts must inform their motor insurers in advance that they intend to use their car for occasional business purposes if transporting IH Bristol students. IH Bristol cannot be held responsible for any damage or injury.

All U18s must wear seat belts in vehicles.

40. Trips outside Bristol not under host family supervision

Students must get permission from the School before they go on trips outside Bristol unsupervised by host families or the School. If a student announces their intention to go on a trip, hosts should tell them to contact the School to obtain permission for this. The School will have to obtain written permission from the student's parents/guardians and must in addition be satisfied that the trip is appropriate and safe. The School will then contact the host family to confirm that the student can go on the trip.

41. IT and social networks

Supervision of IT use in the host family home should be age-appropriate. Hosts should ensure that, where possible, family IT devices and/or routers have parental controls activated, although some students may be adept at getting round these controls. Hosts should also ensure that students cannot access any inappropriate material stored on the host family's IT devices.

If hosts become aware that students are accessing inappropriate content (e.g. extremist websites), this is a safeguarding issue and they should contact the School to discuss the situation. Similarly, if students are using IT at inappropriate times (e.g. playing games late into the night), they should discuss this with the student and, if necessary, with the School.

42. Parental agreement

Hosts should be aware of the agreement that all parents must discuss with their children and sign before their children start their courses at IH Bristol. The agreement contains essential information on curfew, behaviour and UK law.

Junior student (under 18) rules – agreement for parents and guardians.

This policy document sets out the rules for junior students (all students under 18 years old) for those times when they are not attending classes or are on a International House Bristol scheduled activity. **Updated, PG, JOH, May 2016**

Background: from International House Bristol Safeguarding Policy

International House Bristol is committed to providing a secure and friendly environment where all members of the community, whatever their background or character, are protected from harm and respected by others.

All staff and any other adults involved with International House Bristol accept and recognise their responsibilities:

- to safeguard the welfare of children who join the School and any of its programmes;
- to continually develop awareness of any issues which might harm these children;
- not to make staff or any other adults involved with the School unnecessarily vulnerable to suspicion of any form of abuse.

We will endeavour to safeguard children (any student under 18 years old) as follows:

- by adopting child protection guidelines and accepted procedures;
- by providing children with expected codes of behaviour and ensuring they understand what those are, especially bullying;
- by sharing information about child protection and good practice;
- by sharing information about any concerns.

As a result of the above, it is essential that the following rules are followed:

Rules for junior students (all students under 18 years old) in Homestay families

1. Curfew times:
 - a. *Students under 16 years old must be back at the family home by 9.30pm, at the latest. However, if he/she is attending a school event which finishes at or after 9.30pm, the student MUST return home immediately after the event.*
 - b. *Students aged 16 or 17 must be back at the family home by 10.30pm or the time that the host parents go to bed, whichever is earlier. However, if he/she is attending a school event which finishes at or after 10.30pm, the student MUST return home immediately after the event.*
 - c. *However, if hosts require any student to return to the family home earlier for reasons such as a student's age, the location of the host's home, daylight hours, public events etc. the student must follow the host's instructions.*
2. Junior students should make sure they are contactable by their host family and International House Bristol by providing a contact mobile phone number.
3. Before leaving the family home, a junior student should make sure that:
 - a. *the family knows what he/she will be doing (if they are doing something other than attending classes);*
 - b. *he/she (the student) knows the scheduled time for the main evening meal;*
 - c. *the family knows what time the student expects to be back;*
 - d. *the student has the correct contact details for the family (may differ from day to day);*
 - e. *the family knows who the student is going out with;*
 - f. *if the student goes out unsupervised in the evenings, he/she must meet with their friends, NOT go out alone.*
4. If the student expects to be home later than scheduled, because of delays or changes of schedule, he/she should inform the host family immediately by phone.
5. If the student expects to be home earlier than scheduled he/she should also contact the host family to check whether somebody will be at the family home at the earlier time.
6. Family meals form an important part of the junior student's homestay experience and the student should make every effort to take these meals with the family.
7. A junior student is expected to abide by his/her host family rules when staying at the homestay family.
8. Junior students need to familiarize themselves with the city and its transport system during the first few days of their stay.
9. Under 18s are not allowed to go on unsupervised trips outside Bristol without the written permission of parents/guardians, and the school. **A permission form for parents / guardians is available from the IH Bristol website.**
10. If students fail to follow the rules and instructions given by International House Bristol, the parents and/or the group leader may be informed. Students may be asked to leave the school if they repeatedly fail to follow the rules.

Rules for junior students during social programme activities

11. Junior students should make sure they are contactable by International House Bristol by providing a contact mobile phone number to the centre supervisor.
12. Students must follow the instructions given by their teacher or social programme person during social programme activities.
13. If students fail to follow the rules and instructions given by International House Bristol, parents and/or the group leader may be informed. Students may be asked to leave the school if they fail to regularly follow the rules.

Other rules for junior students at any time and information for parents and guardians

All students – abusive behaviour:

The following behaviour is not tolerated at International House Bristol:

- Bullying of any kind (physical or verbal)
- Racism (with respect to other races, nationalities, cultures and religions)

- Excessive and / or loud swearing
- Sexual harassment of any kind
- Aggressive behaviour towards staff, students or visitors (e.g. shouting at other students inappropriately, kicking furniture)
- Theft (stealing other people's property or International House Bristol's property)
- Vandalism (e.g. deliberately breaking damaging school furniture / computers)
- Any illegal activity under UK Law

If a student's behaviour becomes unacceptable (in International House Bristol's opinion), the student will be given one written warning (also sent to parents / guardians). If unacceptable behaviour occurs again, International House Bristol will require the student to leave the school immediately and with no refund of fees. Please note that the school may require the student to leave immediately and with no written warning, if the behaviour is very serious in the school's opinion.

By signing this document, parents/guardians agree to arrange for their child to return home as soon as possible, if required, at the expense of the parents/guardians. In the event of the student not being able to return home, the parents agree to pay the extra costs incurred by IH Bristol for keeping the student in the UK: extra supervision, additional accommodation costs, etc.

Students must always follow UK Law, which includes the following:

Under 18s cannot drink alcohol in public or in pubs, bars and cafes.

Under 18s cannot buy or try to buy alcohol.

Under 18s cannot buy cigarettes and under 16s cannot smoke in public.

Adults cannot legally buy alcohol or cigarettes for Under 18s.

Under 16s cannot legally have sexual relations.

No-one is allowed to possess, sell, give or share a controlled drug.

To the parent / guardian - Please read, complete and sign the following agreement and send to the school by post or fax, as soon as possible. This must arrive at the school before the student comes to the UK.

Full name of student:	
Parent / Guardian declaration	
I am the parent /guardian of the above child and :	
<ul style="list-style-type: none"> • <i>I have read the information on this 'Junior student (under 18) rules' agreement.</i> • <i>I agree that these rules will apply to my child.</i> • <i>I understand that if my child's behaviour becomes unacceptable (in the school's opinion), I will have to arrange for my child to return home. I understand that this will be at my own expense and there will be no refund of fees. I understand that if my child cannot return home but has been excluded by the school, there will be extra costs to pay and I agree to pay these costs.</i> • MY CHILD UNDERSTANDS AND ACCEPTS THE RULES IN THIS AGREEMENT. 	
Full name of parent / guardian:	
Signature of parent / guardian:	
Date:	

43. Handbook revision record

Date	Section	Revision
21/06/16	25	Section on Alcohol, smoking and drug use added.
21/06/16	31-42	Extra guidelines for host families added.